



Winter Term 2025

TRAINING BULLETIN

To register click on the training title. For help or questions with registration please call 541-672-CARE (2273)

Strong Start & Quick Class Trainings

TIME SET CKC COST

Hosted via Zoom

Jan.9 [Beginning Business Concepts](#)

6:00 pm - 8:00 Set 1 PM \$12
Free for Strong Start members

This session is an overview of a variety of business aspects such as bookkeeping, finances and marketing. Gain knowledge and explore the essentials of business. Participants will be introduced to self-employment tax forms (schedule C and time space percentage) **Trainer: Michelle Bassett**

Jan.14 [Developing a Philosophy Statement for your Childcare Program](#)

6:00 pm - 7:00 Set 1 PM \$12
Free for Strong Start members

Does your program have a written philosophy statement? In this class we will discuss what each of those statements mean and how you can use them to grow your business. You will examine what a philosophy statement includes and determine key elements to include in your own statements.

Trainer: Heather Freiling

Jan.16 [Starting the Year with Inquiry Approaches](#)

6:00 pm - 8:00 Set 2 PM \$12

Children bring a diversity of interests, developmental levels, and family experiences into their new learning communities at the start of the program year. Inquiry Approaches offers responsive strategies, routines and protocols that can increase connections between children's existing funds of knowledge and experience and the emerging school community. Participants will explore strategies to employ in their early learning settings. **Trainer: Soobin Oh**

Jan. 21 [Contacts and Contracts](#)

6:00 pm - 7:00 Set 1 PM \$12
Free for Strong Start members

This training will discuss creating policies and procedures in developing an effective contact/ waiting list. Along with best practices in planning and providing tours and interviews with parents. We will also look at what information to include in your contract and enrollment forms. **Trainer: Theresa Songer-Tuckey**

Feb. 06 & 13 [From Surviving to Thriving- Bookkeeping for Childcare Providers Part 1](#)

6:00 pm - 8:00 Set 2 PM \$12
Free for Strong Start members

Accounting is integral to ensuring your business is on the right track. Organize your bookkeeping to start, strengthen, or grow your childcare business. In addition to helping you develop the tools to compile the information you need to complete your tax returns and apply for business loans, small business accounting helps you examine what's going on with your business financially. When you gain confidence in your company's financial workings you are not only able to survive, you are able to thrive! Participants must attend all four sessions to receive full credit. **Trainer: Lisa Tynan**

Feb. 11 [Parent Handbook](#)

6:00 pm - 7:00 Set 1 PM \$12
Free for Strong Start members

Your handbook provides you with the opportunity to share your philosophy, your expectations and to share who you are with the families you provide your services to. It informs your families as to what your policies and procedures are. It includes information as to rates when payments are due, sick child policy, and drop off procedures. **Trainer: Theresa Songer-Tuckey**



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Strong Start & Quick Class Trainings- *Hosted via Zoom*

	TIME	SET	CKC	COST
Feb. 18 <u>Building a Community</u>	6:00 pm - 7:00	Set 1	FCS	\$12 Free for Strong Start members
This is a Strong Start training. Discuss techniques and activities that strengthen family relationships and involvement with their childcare provider. Trainer: Theresa Songer-Tuckey				
March 6 & 13 <u>From Surviving to Thriving- Bookkeeping for Childcare Providers Part 2</u>	6:00 pm - 7:30	Set 2	PM	\$12 Free for Strong Start members
Accounting is integral to ensuring your business is on the right track. Organize your bookkeeping to start, strengthen, or grow your childcare business. In addition to helping you develop the tools to compile the information you need to complete your tax returns and apply for business loans, small business accounting helps you examine what's going on with your business financially. When you gain confidence in your company's financial workings you are not only able to survive, you are able to thrive! Participants must attend all four sessions to receive full credit. Trainer: Lisa Tynan				
Mar. 11 <u>Confidence in Reporting</u>	6:00 pm - 7:00	Set 1	HSN	\$12 Free for Strong Start members
Participants will learn and discuss the steps and process of reporting suspected abuses. Training will review; what is child abuse, when do you make a report, who do you call and what information do you need to report. Trainer: Theresa Songer-Tuckey				
Mar. 18 <u>Supporting LGBTQ+ Children and Embracing Diverse Family Types</u>	6:00 pm - 7:00	Set 1	DIV	\$12 Free for Strong Start members
This session will equip you with practical strategies to support LGBTQ+ identified children, fostering an inclusive environment where every child feels valued and understood. We will explore the importance of acceptance and kindness, emphasizing the diverse family structures that children may come from. Through interactive discussions and activities, you'll gain insight into creating a supportive atmosphere that celebrates individuality and promotes respect among peers. Together, let's empower our children to thrive in a world that embraces diversity! Trainer: Kristin Yeon				

SEIU CLASS - *Hosted via Zoom*

FOR EXEMPT PROVIDERS ONLY

	TIME	SET	CKC	COST
Feb. 5 <u>Guidance Strategies</u>	5:30 pm - 7:30pm	Set 1	UGB	Free for exempt providers
This training is designed for family child care providers. Participants will understand typical social/emotional development and learn best practices for discipline, proactive guidance strategies, and how to respond to behavior issues for children ages birth through age 12. Trainer: Amber Singh				



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HEALTH & SAFETY - Hosted via Zoom

HEALTH & SAFETY - Hosted via Zoom	TIME	SET	CKC	COST
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Jan. 29 Getting Children Excited About Moving This training is about getting children active and healthy. Come and join me as we walk, run, and slide our way through over 40 different activities you can do with preschool children to keep them healthy and strong. Trainer: Tonia Snook	6:00 pm - 8:00pm	Set 2	HSN	\$12
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SOU WORKSHOPS

College Credit Opportunities

SOU WORKSHOPS	TIME	SET	CKC	COST
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Jan. 11 Lines, Squiggles and Circles: A Child's Journey -In person Klamath Community College We will examine the evolution of children's art using Kellog's pictorial evolution theory, examine mark making as a gateway to learning and form of communication, reflect on practices that push early formal writing in contrast to freeing the child's imagination, and play with materials ourselves to unleash creativity. During this training, participants will examine their perceptions of literacy development and the young child. Explore approaches, strategies, and tools to promote development and learning. Examine movement, singing, and storytelling as factors in language development. Examine the necessity to unleash children's creativity. Explore paper cutting and folding stories, Kamishibi (Japanese storytelling), and other oral storytelling tools, and examine thought-provoking conversations with children. \$60 for college credit through SOU Trainer: Rebecca Tree ~ Please bring a sack lunch~	8:30am-4:30pm	Set 2	HGD/LEC	Free or \$60
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Feb.22 Conectando con la Educación Bilingüe -In person at Roseburg Douglas ESD and Hybrid via Zoom Join us as we discover ways to support second language acquisition in the early primary years! We will share the inner workings of our high-quality two-way immersion program-- exploring engaging classroom activities that develop proficiency in language, literacy, math, music, art, and so much more. Come visit our colorful, warm classroom spaces, our Maker's Lab, and our outdoor learning environments as we work together identify strategies for early learning, creative curriculum development, and family inclusion and community engagement. Trainer: Lidia Perez and Jenny Brown Please bring a sack lunch	8:30am-4:30pm	Set 2 pending	LEC/DIV	Free or \$60
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SOU Workshops are eligible for 1 college credit through SOU for a fee of \$60.



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In-Person Trainings	TIME	SET	CKC	COST
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Douglas @ Douglas ESD 1871 NE Stephens St., Roseburg OR ~ Wildflower Room

Mar 8 From Past to Present: Addressing the Root Causes of Violence	9:00 am -3:30pm	Set 2	HGD/PPLD	\$25
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This training seeks to recognize the many ways childcare providers are helping prevent future cycles of violence and abuse through their daily care of youth. With opportunities and activities to add to their practices and strategies that promote healthy relationships, participants will also examine the role oppression has played throughout history in communities across Oregon in shaping present day trends in violence and abuse that youth and families

Klamath- @ KCC Jan. 11 SOU Workshop [Lines, Squiggles and Circles: A Child’s Journey](#)

	8:30am-4:30pm	Set 2	HGD/LEC	Free/\$60*
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We will examine the evolution of children’s art using Kellog’s pictorial evolution theory, examine mark making as a gateway to learning and form of communication, reflect on practices that push early formal writing in contrast to freeing the child’s imagination, and play with materials ourselves to unleash creativity. During this training, participants will examine their perceptions of literacy development and the young child. Explore approaches, strategies, and tools to promote development and learning. Examine movement, singing, and storytelling as factors in language development. Examine the necessity to unleash children’s creativity. Explore paper cutting and folding stories, Kamishibi (Japanese storytelling), and other oral storytelling tools, and examine thought-provoking conversations with children. **\$60* for college credit through SOU Trainer: Rebecca Tree Location: In-Person @ Klamath Community College Room-6108 Please bring a sack lunch**

Infant First Aid/CPR	TIME	SET	CKC	COST
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Douglas @ Umpqua Community College CWT Room 15

Feb 8 AHA Heartsaver First Aid/CPR Infant	9:00 am - 3:30	Set 1	HSN	\$94
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Care Connections & Education is partnering with Umpqua Community College CWT's First Aid/CPR class and coordinating registration for providers. This AHA Heartsaver First Aid/CPR/AED course teaches how to manage illness and injuries for children and Infants in the first few minutes until professional help arrives. This class also teaches CPR, AED use, relief of choking and use of barrier devices for all ages. **Please bring a sack lunch. Center Directors & Register Family Child Care Providers may be eligible for scholarship- please call Care Connections & Education. Space is limited. Location: Umpqua Community College - CWT Rm 15 Trainer: UCC Staff**

Klamath @ Care Connections & Education 409 Pine St., Klamath Falls

Jan. 15 Hybrid First Aide/CPR	Feb. 18 Hybrid First Aide/CPR	Mar. 19 Hybrid First Aide/CPR
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	5:30 pm – 7:30	Set 1	HSN	\$50
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The hybrid option allows you to take an online portion of the First Aid/CPR training then you will attend a compression check with an instructor in person. Upon registration you will be provided a link for the online course, which will need to be completed prior to the in-person portion of the class. When you complete the course you will attend the in-person portion to complete the training. *(Space is limited)* **In-Person Skills check will be held at Care Connections & Education. Trainer: Jaelynn Luna**



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CLASSES DE ESPANOL- *Seminario web* TIME SET CKC COST

16 enero Observaciones y Conferencias para Niños Prescolares

6:00 pm - 9:00

Set 2

OA

\$0

Esta formación estará enfocada a diferentes tipos de observaciones. Sobre lo importante que es hacer observaciones. Compartiré algunas técnicas sobre cómo hacer observaciones y cómo usarlas para hacer conferencias con las familias. Esta Formación estará enfocada a diferentes tipos de observaciones. sobre Lo importante que es hacer observaciones. **Trainer: Roxana Hoyle**

21 enero Nutrición Saludable para los Niños

6:00 pm - 9:00

Set 1

HSN

\$0

Esta sesión ayudará y asistirá a los proveedores/educadores a promover hábitos saludables y nutricionales para los niños y maneras de ser culturalmente sensibles al estilo de alimentación en el hogar de los niños. **Trainer: Lucía Aleman**

29 enero Alfabetización a Través de Canciones, Rimas y Lecturas en Voz Alta para Bebés y Niños Pequeños

6:00 pm - 7:30

Set 2

LEC

\$25

Es difícil practicar el autocuidado después del horario laboral. ¿Por qué no jugar en el trabajo? Únase a nosotros y exploremos la importancia del juego para niños y adultos. Hablaremos del juego y del niño. Desarrollo, desigualdades en el juego, cómo es el juego para los adultos y cómo integrarlo en el lugar de trabajo. Esta sesión incluye tiempo de juego, ¡porque el juego también es para adultos! **Trainer: TBD**

3 feb. Entornos Inclusión en la Primera Infancia: Creación de un Entorno de Aprendizaje Inclusivo para Niños Pequeños

6:00 pm - 8:00

Set 2

SN

\$0

Los participantes examinarán cómo la cultura influye en el desarrollo de la identidad y el comportamiento en los niños pequeños. Explorarán el papel de la familia y la cultura en el comportamiento y desarrollarán actividades culturalmente específicas para promover el comportamiento positivo. Los participantes desarrollarán estrategias que utilizarán para obtener más información sobre cómo la cultura podría estar influyendo en el comportamiento desafiante de los niños en su programa. **Trainer: Jose Hernandez**

6 feb. Separe las Finanzas de su Centro de Cuidado Infantil Familiar de sus Finanzas

6:00 pm - 8:00

Set 1

PM

\$0

Aprenda las herramientas básicas para separar las finanzas personales y empresariales. Aprenda a utilizar sistemas informáticos y de archivos para organizar documentos financieros. Desarrolle un presupuesto empresarial. **Trainer: FCF Trainer**

17 feb. Los Niños estan Creciendo...Esta Cambiando su Ambiente?

6:00 pm - 9:00

Set 2

HGD/LEC

\$0

En este taller vamos a aprender como acomodar las areas de aprendizaje manteniendo una variedad de materiales para crear interes en el niño y puedan aprender en cualquier lugar y a la vez crear un ambiente para disminuir conducta no apropiada. **Trainer: Evelyn Salvatierra**



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CLASSES DE ESPANOL- *Seminario web* TIME SET CKC COST

20 feb. Como Crear un Ambiente Educativo para Pre-Escolares en un Cuidado Infantil Familiar y Solucionar Problemas de Conducta 6:00 pm - 9:00 Set 1 LEC \$0

En este taller vamos a aprender como acomodar las areas de aprendizaje manteniendo una variedad de materiales para crear interes en el niño y puedan aprender en cualquier lugar y a la vez crear un ambiente para disminuir conducta no apropiada **Trainer: Roxana Hoyle**

26 feb. Usar Evaluaciones y Exámenes de Detección de Manera Efectiva Para Satisfacer las Necesidades de Todos los Niños 6:00 pm - 7:30 Set 2 pendienteOA \$0

Los participantes evaluarán sus habilidades de comunicación actuales y buscarán áreas de mejora para sus programas. Los participantes analizarán sus pólizas y prácticas existentes su eficacia y las adaptarán según sea necesario. **Trainer: Elda M Perez**

27 feb. Niños jugando– Cerebros en Acción 12:00 pm - 2:00 Set 2 HGD \$0

Venga a explorar muchos tipos de juego y examine las teorías de Piaget y Vygotsky sobre cómo los niños aprenden a través del juego. Investigar cómo las actividades de juego promueven áreas de desarrollo cognitivo, social, emocional y físico. **Trainer: Ada Echevarria**

6 mar. Trauma y Resiliencia en Primera Infancia 6:00 pm - 8:00 Set 2 TBD \$0

Los participantes examinarán cómo la cultura influye en el desarrollo de la identidad y el comportamiento en los niños pequeños. Explorarán el papel de la familia y la cultura en el comportamiento y desarrollarán actividades culturalmente específicas para promover el comportamiento positivo. Los participantes desarrollarán estrategias que utilizarán para obtener más información sobre cómo la cultura podría estar influyendo en el comportamiento desafiante de los niños en su programa. **Trainer: Jose Hernandez**

25 mar. Cómo el Alejamiento de las Pantallas Desempeña un Papel Fundamental 6:00 pm - 7:00 Set 1 HSN \$0

Los Participantes, identificar prácticas seguras y saludables para los niños, familias y profesionales. Comprender el valor de la buena salud para la formación y el desarrollo físico, cognitivo, emocional y social de los niños. **Trainer: Bertha Camacho**

31 mar. Fomentando la Curiosidad y la Conciencia Cultural 6:00 pm - 9:00 Set 1 HGD \$0

Echamos un vistazo a un viaje de un año que profundizó la comprensión de los niños pequeños sobre lo que significa "hogar". Descubra cómo las historias familiares, las viviendas de los animales y las culturas globales despertaron su imaginación. **Trainer: Lisset O'Neill**



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STATEWIDE WEBINARS- <i>Hosted via Zoom</i>	TIME	SET	CKC	COST
Jan. 6 <u>Navigating Difficult Behaviors: Secrets of Challenging Behaviors and How to Deal</u> Demonstrate understanding of Challenging Behavior (CB) Strategy. How to meet needs and reduce distress. Prevention and how to overcome CB. Working with kids with an intellectual disability, how to respond to those with learning disabilities experiencing CB. Participants will share their ideas on how to support infants and toddlers at the very beginning of their development, along with additional resources. Trainer: Irina Stukalov	6:00 pm - 9:00	Set 1	HGD	\$25
Jan. 9 <u>Safe and Healthy Practices for All: Filling Our Buckets the Safe and Healthy Way</u> This workshop will emphasize the importance of developing safe and healthy physical and mental health practices for the children and those adults caring for them. Discussion and activity will focus on the basics of how we develop good physical and mental practices for children and adults and what warning signs we may observe when we need to seek help. Trainer: Kathleen Walker-Henderson	6:00 pm - 8:00	Set 2	HSN	\$25
Jan. 10 <u>Supporting Anxious Kids</u> In Participants will learn what signs to look for in anxious kids, information about anxiety disorder diagnoses, the purposes of stress/anxiety, and tools to help promote self-regulation. Trainer: Jennifer Cork	12:00 pm - 2:00	Set 2	UGB	\$25
Jan. 14 <u>Using Environmental Cues for Communication and Learning</u> Learn how to implement Environmental Cues in the Early Childhood education setting to aid in communicating, guiding behavior and learning. Participants will have an opportunity to practice re-designing the environmental cues in their early childhood education setting based on what they learn during the session. Trainer: Lea Nunamaker	6:00 pm - 8:00	Set 2	LEC	\$25
Jan. 15 <u>Building Connections with Families: A Care Provider's Role in Helping Families Handle Stress</u> Together we will examine family needs and stresses. How to create and build positive relationships and communication pathways. Begin developing a resource guide to assist parents with strategies in times of need. Trainer: Rhonda Schock	6:00 pm - 9:00	Set 2	FCS	\$25
Jan. 22 <u>Navigating Challenging Conversations with Families</u> When was the last time you had a difficult conversation with a family? A successful one? In this workshop, we'll explore the origins of potential conflict between families & practitioners, how to successfully communicate with families, and address their questions and concerns. In the culmination of this workshop, participants will engage in intensive, collaborative group practice using real-world scenarios. Trainer: Teresa Ashford	12:00 pm - 2:00	Set 2	PM	\$25



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Statewide Webinars - Hosted via Zoom

	TIME	SET	CKC	COST
Jan. 23 Planning for the Future: Annual Budget and Cash Flow Projections (CCC) Learn basic budgeting concepts. Explore income and expense sections of a budget. Discuss the purpose of budgeting and the different types of budgets. Understand the purpose of projecting cash flow. Break down the sections of a cash flow statement. Analyze a child care business case study to identify strategies to manage cash flow. Identify strategies to manage cash flow using First Children's Finance business management resources. Trainer: FCF Trainer	6:00 pm - 9:00	Set 1	PM	\$0
Jan. 28 That Was Fun, What's Next? Applying Theories of Neurodevelopment & Responsive Caregiving to Build Meaningful Curriculum How do we build a meaningful curriculum for young children? In this class, we will look at ways to recognize children's interests and use this information to build a strong, developmentally appropriate curriculum for all learners. Trainer: Kelley Lawson	6:00 pm - 9:00	Set 2	HGD	\$25
Feb. 13 Managing Enrollment in Your Child Care Center Learn how to understand enrollment in a child care center, develop your skills to create realistic enrollment projections and how to track current enrollment and future openings. Create action steps to maintain and grow enrollment. Trainer: FCF Trainer	6:00 pm - 8:00	Set 1	PM	\$0
Feb. 19 Adults Must Feel Safe to Learn Would you like to create learning spaces that feel more meaningful and engaging? Join us to learn about the importance of providing a safe learning environment for adult learners. In this session, participants will engage in reflection and discussion about the what, why, and how of providing safety in the adult learning experience. Trainer: Kim Omoto	12:00 pm - 1:30	Set 2 pending	PPLD	\$0
Feb. 25 Growth Mindset: A Framework for Optimal Child Development How does a growth mindset apply to children's socio-emotional, cognitive and secure attachment development in early childhood? Apply the latest brain science on mindset and motivation to help children master developmental milestones, develop their gifts and abilities, create a positive mental mode, and build secure attachment. With peer support, develop a plan to bring the growth mindset research alive in your classroom to transform developmental challenges, optimize children's brains for lifelong learning and help students develop trust in themselves and their teachers. Trainer: Megan Barella	6:00 pm - 8:00	Set 2	HGD	\$25



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Statewide Webinars - Hosted via Zoom

	TIME	SET	CKC	COST
Feb. 27 Separating Your Family Child Care Finances from Your Personal Finances Learn basic tools to separate business and personal finances. Learn to utilize computer and file systems to organize financial documents. Develop a business budget. Trainer: FCF Trainer	6:00 pm - 8:00	Set 1	PM	\$0
Mar. 11 Integrating Healthy, Culturally Sensitive, and Allergen Aware Nutrition into Your Preschool Setting This training helps early childhood providers integrate healthy and nutritious foods into their facilities to enhance the health and wellbeing of their students. Topics to include choosing healthy snacks, accommodating food allergies, and adapting menus to being culturally sensitive (halal, kosher, etc.) to the dietary needs of their students. Trainer: Judith Murillo Tuesta	12:00 pm - 2:00	Set 2	HSN	\$25
Mar. 13 Developing a Marketing Plan for Your Family Child Care Business (FCC) Learn basic marketing principles and concepts. Complete an environmental scan. Identify features and benefits of a child care program. Analyze child care competitors. Identify strategies to build an effective message. Define target market to secure future enrollment. Learn how to use marketing principles to secure community partnerships. Trainer: FCF Trainer	6:00 pm - 8:00	Set 1	PM	\$0
Mar. 18 Using System Theories to Understand Family Dynamics and Promote Positive Family Outcomes Participants will be examine leading theoretical models related to family dynamics and relationship health. An exploration of the risk and protective factors that can impact family climate will be addressed along with ways to mitigate the potential for negative effects on young children. Participants will also examine the traits of healthy families and how to use positive strategies to promote resiliency in families challenged by stress factors. Trainer: Aoife Magee	6:00 pm - 9:00	Set 2	FCS	\$25
Mar. 27 Developing a Marketing Plan for Your Family Child Care Business (CCC) Learn basic marketing principles and concepts. Complete an environmental scan. Identify features and benefits of a child care program. Analyze child care competitors. Identify strategies to build an effective message. Define target market to secure future enrollment. Learn how to use marketing principles to secure community partnerships. Trainer: FCF Trainer	6:00 pm - 9:00	Set 1	PM	\$0